



American Journal of
**Lifestyle
 Medicine**
CME Articles

Description

ACLM and the American Journal of Lifestyle Medicine (AJLM) are pleased to offer CME/CE for six AJLM articles per year. Articles will also offer ABLM MOC for those certified in lifestyle medicine. ACLM members can earn FREE CME/CE credit by reading the CME/CE article and successfully completing the online CME/CE activity. Available to non-members for \$40 per article, this is a great way to access lifestyle medicine learning.

2023 Articles

- Diet in Dermatology: Review of Diet's Influence on the Conditions of Rosacea, Hidradenitis Suppurativa, Herpes Labialis, and Vitiligo
- Dosing of Health and Wellness Coaching for Obesity and Type 2 Diabetes: Research Synthesis to Derive Recommendations
- Primary Care at the Intersection of Lifestyle Interventions and Unhealthy Substance Use
- Incorporating Lifestyle Medicine Into Primary Care Practice: Perceptions and Practices of Family Physicians

2022 Articles

- Building Health Equity: Action Steps From the American College of Lifestyle Medicine's Health Disparities Solution Summit (HDSS) 2020
- Personal Health Practices and Perceptions of Lifestyle Counseling and Preventive Services Among Residents
- Dietary Interventions to Treat Type 2 Diabetes in Adults with a Goal of Remission: An Expert Consensus Statement from the American College of Lifestyle Medicine
- Exercise and Cardiovascular Disease Risk Factors in Children and Adolescents With Obesity: A Systematic Review With Meta-Analysis of Randomized Controlled Trials
- Dietary Modification for the Restoration of Gut Microbiome and Management of Symptoms in Irritable Bowel Syndrome
- Lifestyle Medicine Core Competencies: 2022 Update

Pricing

Non-Member	Member
\$240 per year (\$40 per article)	FREE



Target Audience

Physicians, physician associates, nurse practitioners, registered nurses, pharmacists, registered dietitians, physical therapists, occupational therapists, psychologists, social workers, certified health coaches, those interested in lifestyle medicine certification, and those seeking to maintain their certification in lifestyle medicine.

Accreditation

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation Statement

For Medicine: Rush University Medical Center designates enduring material for a maximum of 1.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

For Nursing: Rush University Medical Center designates this enduring material for a maximum of 1.00 nursing contact hour(s).

For Pharmacy: Rush University Medical Center designates this knowledge-based enduring material for a maximum of 1.00 contact hour(s) for pharmacists.

For Psychologists: Rush University Medical Center designates this enduring material for 1.00 CE credits in psychology.

For Dietitians: This enduring material has been approved by the Commission on Dietetic Registration for 1.00 CPEUs.

For Social Work: As a Jointly Accredited Organization, Rush University Medical Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved continuing education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.00 general continuing education credits.

For physical therapy or occupational therapy: Rush University is an approved provider for physical therapy/occupational therapy by the Illinois Department of Professional Regulation. Rush University designates this enduring material for a maximum of 1.00 continuing education credits for physical therapists/occupational therapists.

ABLM MOC: The American Board of Lifestyle Medicine has approved 1.0 maintenance of certification credits for this learning activity.



JOINTLY ACCREDITED PROVIDER
 INTERDISCIPLINARY CONTINUING EDUCATION

